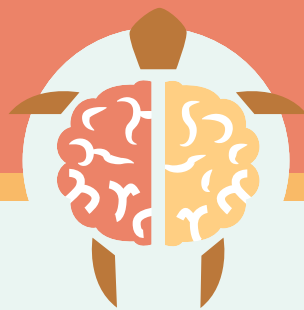


Resilience Tip

Have optimism
and hope for
the future

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MINDRESILIENCE

Nurture your Well-Being