

A Resilience Focus for Your Work: Assessment and Treatment Planning

Goal: Identify strengths and resiliency in clients, families, and communities.

Strategy 1

Staff receive training to ensure knowledge of the resilience core concepts and how to measure them in children, youth and families.

Strategy 2

Use resilience measure. Click here to review suggested measures ([Link to table Resilience Assessments](#)).

Goal: Create goals and objectives that include use of client strengths and inspire growth of new resilience core components.

Strategy 1

Electronic treatment plan forms are revised to include strengths-based language and client strengths.

Strategy 2

Standardize strengths-based treatment goals based on a list/template for strengths-based goals compiled from review of intakes.

Goal: Identify new strengths and core resilience competencies as treatment progresses.

Strategy 1: Conduct on-going assessments using strength-based items.

Strategy 2: Treatment outcomes should reflect increased resilience.

Strategy 3: Strengths-based progress notes document strengths and how they are used during the session to support treatment.